



Welcome to an Active Wellness lifestyle

PRODUCT BROCHURE



Active Wellness

At Nikken our mission is simple - it inspires everything we do. We help people discover a better way of life and provide them with the means to make it their own.

When Nikken was founded in Japan in 1975, we were responding to the changing modern world and its effects on our health and environment. We introduced the revelation that Active Wellness can be achieved through balance: a combination of healthy mind, body, family, society and finances - what we call the 5 Pillars of Health.

A healthy lifestyle strengthens each of these pillars - Nikken offers you the means to attain this balance, through our products and income opportunity. We have given millions of individuals and families around the world the ability to dramatically transform and improve their lives.

Our products are sold exclusively through our network of Independent Nikken Consultants. To order, talk to your Consultant or visit our website www.nikken.com/eu/ to find a Consultant in your area. Becoming a Consultant will allow you to share your experiences with others, while earning an income and making a difference in people's lives.

Our products combine advanced technologies and physical principles - the natural forces that exist in our world - and are developed with total wellness in mind. We have product solutions to address each specific area of vital wellness...

- **Environment;** water
- **Rest and Relaxation;** sleep and magnetics
- **Nutrition and Skincare;** natural supplements and organic skincare

2 Active Wellness

3 Nikken's Energy Technologies

3 Autoship

4 Water – See our range of PiMag® water products for fresh, spring-like water in your home and office.

8 Sleep – Create your perfect sleep environment with our revolutionary Naturest® Sleep System.

12 Nutrition – Support your body with our specially formulated wholefood nutritionals.

18 Skincare – Keep skin radiant with our naturally powerful Marine Organic TRUE elements® skincare range.

22 Balance – Balance your body's energies with our advanced natural magnetic technologies.

32 Jewellery – Carry the power of magnets with you in beautifully designed, unique jewellery.



A brief introduction to Nikken's energy technologies



Magnetics

Electromagnetism is one of the 4 basic natural forces of our environment. An ancient principle and significant component of Far Eastern cultures and Traditional Chinese Medicine is that of flows of energies in the body and how they affect our health. This has led, for example, to the West also recognising the value of alternative practices such as acupuncture.

The magnetic field of the Earth has changed substantially over the course of human history, even reversing polarity many times over geological time. Modern civilisation also adds an increasing growth of electromagnetic fields and radiation which further affects our electromagnetic environment.

Nikken's magnetic technologies were originally developed, based on research into these effects, to help provide balance and support for our bodies in a world which is characterised by an increasing accumulation of physical, as well as emotional, stresses. Nikken's magnetic products help to restore the conditions in which human beings have evolved to live and thrive.

Nikken's Magnetic developments

The first application of Nikken's Magnetic Technology was the design of the Nikken KenkoInsoles, the company's first product when launched in 1975. Since then, Nikken's research teams have continued the process of research and found that the more complex the fields, the more effective they are on the body. As a consequence, we now offer a number of further developments designed and adapted for different applications:



Far-Infrared Technology

These products use ceramic materials to absorb heat energy and reflect it back as gentle, relaxing warmth.



Negative Ion Technology

These products generate negative ions which are found in natural settings such as waterfalls.



Advanced Magnetic Technology

These products contain Nikken's Magnetic Technology for improved wellbeing.



TriPhase Technology

These products combine advanced Magnetic, Far-Infrared, and Negative Ion Technologies.

Field Gradient Technology

An array of bipolar magnetics designed to create a complex field of magnetic energy around our bodies, utilising multiple polarities and flux.

DynaFlux®

Nikken's advanced DynaFlux® Technology further develops Nikken's magnetic technologies into increasingly compact form factors, achieving thinner and more powerful configurations for ever more exciting applications.

Autoship - Discounts on consumables for regular orders

Recognising your continuing monthly commitment to an active wellness lifestyle, all of the Nikken nutritional supplements, TRUE elements® skincare range and PiMag® water filters are available on an automated, discounted, direct-to-door delivery programme. With Autoship you have the opportunity to purchase your favourite products at the absolutely lowest prices.

Please speak to your Independent Nikken Consultant for more information.

PiMag[®]
WATER



Better quality water for
improved wellbeing



“ ”

PiMag[®] Water Technology uses
a special blend of materials and
natural minerals to produce
water that not only tastes better
but is also good for you.



PiMag Waterfall® Gravity Water System

Simple operation, advanced water-contaminant reducing technology

- Natural, gravity-fed filtration – no need for electricity
- Minerals that help to adjust pH to create alkaline water
- Certified filtration to reduce contaminants
- Fits perfectly onto your kitchen worktop

Multi-stage filtration

Depending on the water supply and pipes, tap water can contain traces of many chemicals including chlorine, disinfectant by-products, sediments, heavy metals, and pesticides, but we have developed water systems that transform your normal tap water into clean PiMag® water.

It starts with a pre-filter removing larger particles from the water; after this, the water passes through activated carbon to capture microscopic particles; the next stage is mineralising and alkalising and then a proprietary redox process which enhances the cleaning further and reduces the ORP (Oxidation Reduction Potential), providing water that helps to neutralise free radicals that can harm your body. The PiMag® water then flows through a bed of mineral stones and a magnetic field before reaching your glass.

Highest design standards

All Nikken PiMag® water systems are designed to the highest standards and free of BPA and other oestrogenic chemicals.



Weight: 3kg

Capacity of tank: fill tank 5 litres / supply tank 5.5 litres

Technology: Field Gradient Magnetic Technology and PiMag® Water technology, gravity flow, multiple-filtration

Dimensions: W 22.5cm, H 42.3cm, D 32.5cm



1384 PiMag Waterfall® Gravity Water System

13845 PiMag Waterfall® Replacement Filter Pack

1382 PiMag Waterfall® Replacement Mineral Stones

Look out for the icons on each product, these reference the technologies used. Find out more about each on page 3.

Don't forget your replacement filters...

The filter in the PiMag Waterfall® Gravity Water System has an approximate three-month lifespan, but after this you'll need to replace it to create fresh, PiMag® water. Nikken offers a special automated and discounted replacement ordering programme – your Nikken Consultant will be able to assist you to arrange this.



PiMag® Water Bottle

Delicious PiMag® water
wherever you are

- Economical, environmental alternative to bottled water
- Advanced filtration for healthier, better-tasting water
- PiMag® technology adjusts pH to create alkaline water
- Safe, reusable, recyclable, biodegradable bottle
- Replaceable filter - good for approximately 250 refills

PiMag® water from a bottle

Whether you are at the gym, travelling to work or flying around the world, now you can create delicious PiMag® water wherever you go and from any safe water tap that you pass.

The PiMag® Water Bottle is reusable and, since each replaceable filter lasts for an estimated 250 refills, the cost of filling up is also only around half the price per litre of buying bottled water, saving you money too.

Environmentally friendly

More than 100 million plastic bottles are used each day worldwide so, by using the refillable PiMag® Water Bottle, you are helping to reduce the plastic waste in our world and helping the planet. It is also made from a unique BPA free resin and it is fully biodegradable, breaking down into natural biomass that contributes to the soil's nutrients.

Don't forget your replacement filters...



The filter in the PiMag® Water Bottle has an approximate three-month lifespan, but after this you'll need to replace it. Nikken offers a special automated and discounted replacement ordering programme called Autoship – your Independent Nikken Consultant will be able to assist you with this.

Weight: 250g

Capacity of bottle: 600 ml

Technology: Field Gradient Magnetic Technology, PiMag® Water Technology, and proprietary composite filtration

Dimensions: H 23cm, Diameter 7cm



13501 PiMag® Water Bottle

13503 PiMag® Water Bottle Filters & Spouts (2 pack)

PiMag® MicroJet Shower System

Clean, chlorine free showers

- Shower in water naturally cleansed of common irritants
- Removes 100% of chlorine
- Features a replaceable filter cartridge
- Easy to install with a long 203cm hose

PiMag® water for your skin

The PiMag® MicroJet Shower removes 100% of chlorine and most other contaminants.

Cleansing PiMag® water

The shower head is easy to install and features a five-way adjustable spray – from a pure-mist effect to a deep-cleansing spray to help ease aching, tired muscles. The PiMag® MicroJet Shower also features Nikken's exclusive blend of filtration materials and magnetic technology, so you can be sure that the water you're washing in is the same quality as the water you drink from our PiMag® Gravity Waterfall and PiMag® Water Bottle.



Technology: PiMag® Water, Air-Induction and Magnetic Technology



Components: Hand Shower, 80 inch / 203 cm hose

Pressure requirements: 25PSI (1.73 bar) – 80PSI (5.5 bar). Maximum flow rate is 9.54 litres per minute. Due to its filter feature, a slight reduction in pressure may be experienced from your normal shower.

1466 PiMag® MicroJet Shower Head

1342 PiMag® Shower Filter

Don't forget your replacement filters...

The filter in the PiMag® MicroJet Shower has an approximate three-month lifespan, but after this you'll need to replace it. Nikken offers a special automated and discounted replacement ordering programme called Autoship – your Nikken Consultant will be able to assist you to arrange this.

Wellness Home Pack - Water



Save 10%

Clean water is key to good health. Whether you need clean water at home or to be portable, Nikken water products give you access to PiMag® water.

Each Water Wellness Home Pack contains:

- 1384 PiMag WaterFall®
- 13845 PiMag WaterFall® Filter Pack (Filter & Prefilter)
- 13501 PiMag® Water Bottle
- 13503 PiMag® Water Bottle Filters & Spouts (2 pack)
- 1466 PiMag® MicroJet Shower
- 1342 PiMag® MicroJet Shower Filter Replacement

88320 Water Wellness Home Pack



* All Wellness Home Packs are priced at 10% discount to items at regular price.



An important aspect of health



Supporting better sleep

Sleep underpins all aspects of our health; it is when our bodies are designed to recover from the stresses of the day before and to prepare for the day ahead. Poor sleep can lead to an increase in the chronic stress response and thus a reduction in the immune function and further consequences to almost every aspect of our health and wellbeing.

Rested sleep is not just about how many hours we sleep, but also about quality of sleep, and a significant part of the quality is about the sleep environment.



Healthy Sleep has been empirically proven to be the single most important determinant in predicting longevity, more important than diet, exercise, or heredity.

Dr William Dement, founder of the Sleep Research Center at Stanford University, the world's first sleep laboratory, and part of the team which first identified the different stages of sleep.





Naturest® Pillow

The perfect addition to your sleep cocoon

- DynaFlux® Magnetic Technology
- Helps support spinal alignment
- Non-allergenic latex filling, uniquely adjustable to your ideal level of comfort
- Made from ecologically sound and non-allergenic natural materials
- Breathable, natural fibre cover

Supporting your natural sleeping position

Filled with a latex filling that prevents the pillow from becoming flat, the Naturest® Pillow is fully adjustable by simply adding or removing the filler. The Naturest® Pillow also incorporates a specially designed internal collar to ensure the most comfortable alignment for your head, neck and spine. The breathable cover of natural bamboo and cotton fibres assists ventilation, helping to regulate your temperature to keep comfortably cool.

Deep sleep rejuvenation

The Naturest® Pillow is different from any other pillow you'll experience due to the DynaFlux® Magnetic Technology. As you achieve deep sleep the brain recharges and restores energy for the day to come.

Don't forget your
Naturest®
Kenkopad® and
KenkoDream®
Quilt

Technology: DynaFlux® Magnetic Technology

Dimensions: H 46.5cm, W 62cm

1115 Naturest® Pillow



KenkoDream® Quilt

A perfectly balanced quilt for all climates

- Helps regulate body temperature
- Increases the sensation of wellbeing
- Outer and inner covers of breathable, natural fibres
- Made from ecologically sound and non-allergenic natural materials
- Machine washable

Maintaining a constant temperature

The KenkoDream® Quilt is made of ceramic coated, reflective fibres - with a natural, anti-bacterial and breathable cotton cover. The KenkoDream® Quilt can help you get the relaxing, refreshing sleep you need.

A magnetic array in the quilt further complements the magnetic field of the Kenkopad®, so you have a full energy field enveloping your body throughout your sleep.

Dimensions available:

- | | |
|--------------|----------------------------------|
| 11270 | KenkoDream® Quilt
135 x 200cm |
| 11271 | KenkoDream® Quilt
160 x 210cm |
| 11272 | KenkoDream® Quilt
200 x 200cm |
| 11273 | KenkoDream® Quilt
220 x 225cm |



Technology:
Field Gradient Technology,
Negative Ion Technology,
Far-Infrared Technology

Naturest® Kenkopad®

Transform your regular mattress into the perfect sleep environment

- **Non-allergenic latex foundation moulds to your body’s contours for better comfort and support**
- **Made from ecologically sound and renewable non-allergenic latex**
- **Gradient-density nodules provide a gentle massage-like stimulation**
- **Latex foundation wicks away moisture and promotes improved ventilation**
- **Natural materials meet fire regulations without flame retardants or other chemicals**

Advanced relaxation technology

The Nikken Naturest® Kenkopad® is designed from latex foam sculpted into an ‘egg-crate’ surface with specially treated tips. This provides for a relaxing massage-effect while sleeping and allows for air movement and dissipation of the body’s natural perspiration during the night, yielding to pressure for an ideal degree of sleep comfort. Naturally hygienic – latex foam is naturally resistant to microbial growth and dust mites.

Using Nikken’s unique DynaFlux® Magnetic Technology the Naturest® Kenkopad® is complemented with a magnetic field for relaxation and improved sleep quality.

Natural, renewable materials

The Naturest® Kenkopad® is made from blended, non-allergenic latex foam. The cover is woven from all-natural, fully renewable cotton, wool and bamboo fibres, produced without chemical pesticides or insecticides improving the breathability, assisting with the dissipation of moisture and consequently helping create a drier, more comfortable, sleeping environment.



The Naturest® Kenkopad®, Naturest® Pillow and KenkoDream® Quilt, are designed to work in harmony with one another, providing you with the perfect sleep environment for relaxing and rejuvenating sleep.	Dimensions available:	1111	UK Naturest® Kenkopad® 90x190cm	Technology: DynaFlux® Magnetic Technology	
		1112	UK Naturest® Kenkopad® 135x190cm		
		1113	UK Naturest® Kenkopad® 150x200cm		

Kenko PowerSleep® Mask

Total relaxation for a great night's sleep

- Shaped-to-fit, soft, breathable fabric makes it comfortable to wear for hours
- Small, compact, lightweight and portable, it comes with its own travel pouch
- DynaFlux® Magnetic Technology increases your natural energy field
- Far-Infrared Technology for gentle warming and temperature regulation
- Negative Ion Technology for more calming, natural sleep

Advanced energy technology

The primary value of the Kenko PowerSleep® Mask is to apply Nikken's advanced energy technologies to the head and eyes in a comfortable and convenient way, as the area around the eyes is where we often hold stress and tension. Combining DynaFlux® Technology to extend magnetic energy around your head, Far-Infrared and Negative Ion Technologies, the Kenko PowerSleep® Mask helps to calm your mind for deeper relaxation.



Dimensions: H 10cm, W 20.5cm Fully adjustable – one size fits all.

Technology: DynaFlux Magnetic Technology, Negative Ion Technology, Far-Infrared Technology



3015

Kenko PowerSleep® Mask

Wellness Home Pack - Sleep



The elements of the Sleep Wellness Home Packs (Naturest® Sleep System) are designed to work in harmony together to cocoon you in an advanced, adaptive, sleeping environment, to create the best chance of the highest quality of sleep, the feeling of sleeping in nature in our own homes, and to help achieve the level of sleep for your mind and body to function not just adequately, but with energy and vitality.

Restful sleep has been proven to be one of the main components of maintaining good health. Since we spend approximately one third of our lives sleeping, it's important to make your bed as comfortable as possible.

Each Sleep Wellness Home Pack contains:

- Naturest® KenkoPad®
- Naturest® Pillow (x 2 in double or larger sizes)
- KenkoDream® Quilt

Visit the Nikken Website to choose your Packs size www.nikken.com/eu.

* All Wellness Home Packs are priced at 10% discount to items at regular price.

Save 10%





KENZEN[®]
NUTRITION

Wholefood nutritional support



Fitting in with the modern world

There is little doubt that the best nutritional solution for optimal health is to eat three home-cooked organic meals a day, incorporating at least five and ideally more than nine portions of fruit and vegetables a day. However, most people would struggle to achieve this amongst their other daily priorities and responsibilities.

Nikken therefore offers a range of core nutritional essentials and targeted supplements based on concentrated whole foods that help to provide the essential nutritional support which our bodies need, while still fitting into the modern world.

Recognising your continuing monthly commitment to good nourishment, all of the Nikken nutritional supplements are available on an automated, discounted, direct-to-door delivery programme called Autoship - for more details speak to your Independent Nikken Consultant.



Organic Jade GreenZymes®

Organic body conditioning

- Made from the juice of freshly harvested, youngest shoots of organic barley grass
- A great source of naturally occurring nutrients
- A complete 'salad in a glass'

Origins of Organic Jade GreenZymes®

For over 40 years Japanese scientist Dr. Yoshihide Hagiwara devoted his life to finding a natural substance that would promote good health and help support the body's nutritional needs. Numerous scientific studies led him to discover the positive effects of green barley grass on human physiology.

What are Organic Jade GreenZymes®

Harvested when nutrients are at their peak in the first shoots of young barley grass, the nutrients are then cold-processed and concentrated by juicing and spray-drying techniques. Easily absorbed by the body, only the juice of the grass is used, as this is the richest source of nutrients.

Organic and Kosher certified.

Content:	20310	Organic Jade GreenZymes® Sachets
	20311	Organic Jade GreenZymes® Jar



Mix with water from the PiMag Waterfall® Gravity Water System



KENZEN Lactoferrin 2.0®

An essential, natural protein helping towards overall wellbeing



- Naturally occurring protein
- Developed by world-class scientists to help with wellness
- Suitable for lactose intolerance
- Contains vitamin C

Content: 30 capsules, recommended 1 per day

15700 KENZEN Lactoferrin 2.0®

What is Lactoferrin

The word Lactoferrin derives from :
Latin; Lacto = Milk and Ferrin = Iron.

Lactoferrin is a protein that has several important biological functions that may help support overall wellness. One of the main benefits of Lactoferrin is that it helps bind and transport iron, an essential mineral that helps the body to carry oxygen from the lungs to the rest of the body

Specially developed for wellbeing

In addition to helping your body to increase iron absorption, Lactoferrin 2.0 is gentle on the digestive system and may help support the good gut bacteria that is so crucial for your overall wellbeing. Lactoferrin may help the body absorb what is already there and importantly, does so without upsetting the stomach.

Features:

- 200 mg of Lactoferrin in each capsule
- Lactose-free, gluten-free and suitable for vegetarians
- Features organic Inulin, organic Ginger, organic Turmeric and organic Rhodiola



KVB® Natural Food Mix

Natural Chocolate Flavoured Vegan Shake

KVB® is a healthy meal replacement mix. Gluten free, suitable for vegetarians and vegans. The KVB® formula contains organic Moringa as well as organic pea protein and organic vegetables.

Use as a base and add non-fat milk such as Almond Milk or PiMag® water then blend or shake.

KVB is not designed to be your only food - add balanced nutritious meals and healthy snacks every day.

Content: 846g / 30 Servings

16011 KVB® - Chocolate

KENZEN® BDZ®

Supports Bone Strength and Density

- KENZEN® BDZ® contains a natural source of calcium, magnesium, vitamin K2 and other minerals, which play a primary role in bone development.
- Kenzen® BDZ® is formulated to work with the body's ability to absorb and utilize the necessary calcium that contributes to the maintenance of normal bones.
- A formulation exclusive to Nikken

What's in KENZEN® BDZ®

Formulated with three unique blends:

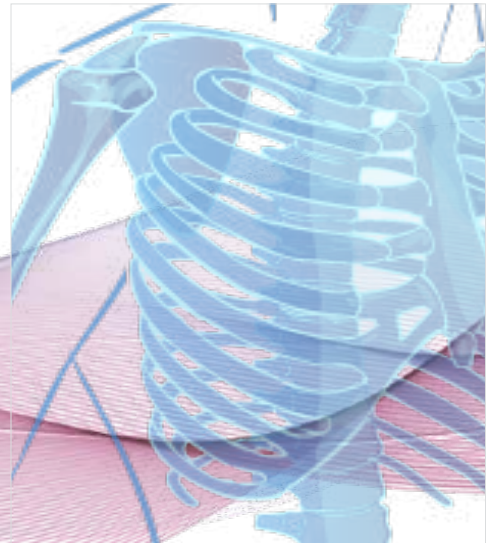
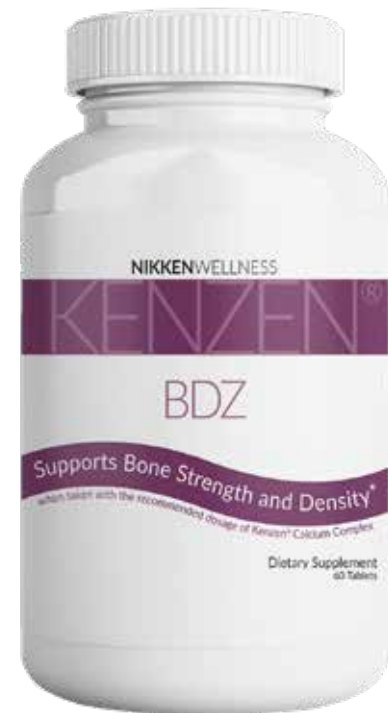
MenaQ7®; a natural form of vitamin K2, which contributes to the maintenance of normal bones.

Aquamin®; a unique marine plant multi-mineral complex rich in calcium, magnesium and trace minerals.

ParActin®; extracts from Andrographis Paniculata. ParActin® has been designed to help support natural inflammatory response and joint function.

Content: Pack of 60 tablets, recommended 2 per day

15530 KENZEN® BDZ®





Kasai

Optimum nutrition for busy lifestyles

- Targeted supplements to help support your body's wellbeing needs
 - Based on concentrated wholefood supplements
 - Combines Eastern and Western natural technologies to help provide comprehensive, balanced nutrition
 - With the exception of Kasai Omega Oils, all of the Kasai range is suitable for vegetarians
-

Kasai Multi-Vitamin and Minerals

With a broad array of wholefood fruit and vegetable powders – pineapple, orange, apple, apricot, cherry, peach, strawberry, papaya, grape, grapefruit, blueberry, raspberry, blackcurrant, blackberry, broccoli, carrot, and onion – Kasai Multi-Vitamin and minerals provides a supportive range of vitamins and minerals, as well as the associated phytonutrients and nutritional matrices to help address your daily nutritional needs.

Content: Bottle of 60 capsules, recommended 2 per day

2561 Kasai Multi-Vitamin & Mineral



Kasai for Women

Formulated with soy isoflavones, cranberries, and acerola cherry to support overall wellbeing in women. Cranberries are packed full of proanthocyanidins. In addition, acerola cherries supply 78% of your recommended daily allowance of vitamin C, helping to reduce tiredness and fatigue, whilst also contributing to normal physiological functions including the immune system, metabolic function, and the normal production of collagen.

Content: Bottle of 60 capsules, recommended 2 per day

2516

Kasai Women



Kasai for Men

Containing lycopene, powdered garlic, tomato, and pumpkin seed, this variety of Kasai is designed to help contribute to wellbeing. Two capsules provide 6mg of high-quality lycopene, found naturally in tomatoes, which is a carotenoid known to have beneficial nutritive effects.

Content: Bottle of 60 capsules, recommended 2 per day

2515

Kasai For Men



Kasai Omega Oils

The combination of borage oil and fish oil contains essential Omega 3 and Omega 6 which the body can't naturally create and can only be obtained from food or supplements, and which are known to contribute to the maintenance of normal brain function. Using an advanced purification method, heavy metals, environmental pollutants, and oxidative impurities are removed for an extremely pure end product. The sardines and anchovies used to create our Kasai Omega Oils are sustainably sourced from the coast of Peru, home to over 700 marine species.

Content: Bottle of 60 capsules, recommended 2 per day

2519

Kasai Omega Fish Oils





Marine Organic Skincare



The ingredients make the difference

For thousands of years seaweed has been used for nutrition and skincare and carefully selected organic seaweeds underpin our TRUE elements® Skincare range. Packed full of naturally powerful ingredients, our range is pH-balanced for harmony with the skin's natural chemistry and uniquely designed to help your skin reflect your inner radiance and energy. TRUE elements® Marine Organic Skincare formulations are formulated to be pure, organic and free of parabens, GMO's, mineral oils, phthalates, phenoxyethanol, PEG, EDTA, synthetic colourings and fragrances



EcoCert is a renowned international certification that guarantees the highest organic integrity. To display the EcoCert seal - a qualification attained by very few skincare products. TRUE elements® Marine Organic Skincare has succeeded in meeting the most rigorous of standards.



Velvet Cleansing Milk

Remove the pollution of the day

- Gently removes impurities and make-up
- Maintains skin's moisture content
- pH-balanced to protect the skin
- Leaves skin looking clean and radiant

Velvet Cleansing Milk gently removes all traces of make-up and impurities whilst protecting the natural balance of your skin. Seaweed extracts Laminaria, Chondrus and Ulva provide trace elements and minerals for gentle nourishment and at the same time help to maintain hydration through the cleansing process.

2040 Velvet Cleansing Milk 200 ml

Fresh Tonic Lotion

Perfecting your cleansing routine

- Helps skin recover tone and radiance
- pH-balanced to protect the skin
- Contains Aloe Vera to promote suppleness

Fresh Tonic Lotion contains the seaweed extract Laminaria as well as natural seawater minerals for superior nourishment. Aloe Vera, Chondrus and Ulva help to soothe and hydrate so that your skin looks toned and bright.

2041 Fresh Tonic Lotion 200ml

Radiance Scrub

Revitalise and re-energise your complexion

- Buffs skin, leaving it smooth and refined
- Removes dead skin cells and impurities
- Contains minerals, trace elements and marine micronutrients

Soft, natural brown hazelnut and white rice granules gently buff the surface of the skin, removing dead cells and impurities. Minerals, trace elements and micronutrients, help brighten the complexion, while the sea weed extract Chondrus moisturises the upper layers of the epidermis.



2052 Radiance Scrub 50ml

Anti-Ageing Serum

Help keep back the years

- Hyaluronic acid plumps the skin and stimulates collagen creation
- Ulva algae stimulates anti-ageing cellular renewal
- pH-balanced to protect the skin
- Overall skin looks and feels firmer

Use after cleansing and toning, but before moisturising. This anti-ageing serum contains active ingredients that reinforce the skin, promoting cellular renewal and the creation of elastin fibres to help maintain the skin's natural suppleness. Hyaluronic Acid plumps and helps stimulate collagen production to keep skin looking smoother and more youthful.

2042

Anti-Ageing Serum 30ml

Nourishing Face Cream

A blend of natural ingredients to nourish

- Contains Shea Butter, Sunflower Seed Oil and trace elements – all natural ingredients
- Hyaluronic Acid for hydration
- pH-balanced to protect the skin
- Aloe Vera for soothing and restoring

A combination of shea butter and marine minerals restore skin's natural layer of protection, nourishing the cells by supplying moisture to the upper layer of the epidermis. By combining these ingredients with Hyaluronic Acid, the Nourishing Face Cream creates a strong moisture reserve to keep your skin looking fresh throughout the day, whilst leaving it soft and smooth.

2044

Nourishing Face Cream 50ml

Youthful Face Cream

Rich texture and anti-ageing

- Polysaccharides from red seaweed and Aloe Vera provide moisture
- Chrithmum maritimumhelps to protect and regenerate skin
- pH-balanced to protect the skin
- Skin's natural elasticity is enhanced to help you to look more youthful

Youthful Face Cream offers richer support with an exceptional feel on the skin, strengthening the elastin fibres that support skin tissues, helping to keep them taut and looking firmer. Our combination of plant butters and Sea Fennel nourish, protect and help to regenerate cells, whilst polysaccharides from Red Seaweed and Aloe Vera keep moisture locked in

2043

Youthful Face Cream 50ml



Stimulating Shower Gel

Energise your skin

- Brown seaweeds and marine minerals create a toning, re-mineralising action
- pH-balanced to protect the skin
- Boosts and preserves skin's natural moisture

Natural ingredients help to remove daily pollutants whilst protecting your skin's natural moisture balance. Sea Fennel stimulates cell renewal, whilst brown seaweeds and spray-dried seawater minerals tone and re-mineralise for an invigorated feeling.

2045

Stimulating Shower Gel 200ml

Moisturising Body Lotion

Nourish your skin

- Contains Shea Butter, seaweed extracts, and Palm Kernel Oil for deeper nourishment
- Laminaria boosts radiance and hydrates
- pH-balanced to protect the skin

Packed full of organic sea plant ingredients and Shea Butter, this non-greasy formula is easy for the skin to absorb, moisturising and nourishing the upper layers, whilst the Ulva Algae improves its tone. Moisturising Body Lotion boosts radiance, whilst leaving an invisible layer of moisture to keep skin protected.

2046

Moisturising Body Lotion 200ml



Hand and Foot Cream

Protect and soothe

- Contains Shea Butter to nourish skin
- Contains the seaweed extract Chondrus to moisturise
- Protects and nourishes skin from application

A luxurious and rich cream, Hand and Foot Cream wraps your skin in a soft, comforting cocoon. Non-greasy, it protects hands and feet, whilst the Chondrus seaweed extract moisturises the upper layers of the epidermis, while Shea Butter nourishes and smoothes skin.

2053

Hand and Foot Cream 75ml



KENKO[®] BALANCE



A World of Energies



Supporting our natural energies

Nikken's magnetic technologies provide a supportive environment for our bodies and to help restore balance and relaxation in today's world.

Each of the following Nikken products are designed to be used conveniently as part of our normal daily lives: special magnetic insoles in our shoes, seats to sit on and magnets of different sizes which can be conveniently applied and used on different parts of the body.

While the Nikken Naturest[®] Sleep System is designed to support the body's recovery processes each night, the magnetic applications featured within this section are designed to continue the support throughout the rest of the day and evening.



Nikken's products are designed to be convenient, fitting in easily to our normal daily lives

KENKO GROUND

KenkoGround®

Connect with Mother Nature

- Silver and nylon conductive fabric (20% silver, 80% nylon)
- Silver ions implanted by vacuum sputtering technology for high efficacy of conduction
- Anti-bacterial
- Hydrophobic technology on top layer for water-resistant properties

The earth has its own energy in the form of a mild 'negative' charge. In our daily lives we build up a 'positive' charge in our cells. Direct contact with the earth (soil, grass, sand and ocean floor) can help cancel out the positive charge - restoring a healthful natural balance.

Now with rubber-soled shoes, synthetic flooring etc., you're insulated from the earth, making it hard for your body to return to neutral.

KenkoGround® is a conductive mat that serves to reconnect you with Mother Nature by connecting to the earth's negative charge and works by:

- reducing and neutralising unwanted positive charge - which our body is known to absorb from being surrounded by strong sources of electromagnetic fields (EMF) emitted from electrical devices.
- help shield against EMF - when KenkoGround® is in direct contact with bare skin.

** KenkoGround® requires a grounded outlet for use.*

One size: 46cm x 90cm / 18" x 36" inches

88011 KenkoGround®



Kenko® mStrides

Featuring our most advanced DynaFlux® Technology

- Exclusive 800-1000 gauss DynaFlux® magnetic tension technology
- Durable, lightweight and ventilated materials
- Negative Ion and Far-Infrared Technology

Beginning in 1975 with our KenkoInsoles®, the Nikken mStrides are our latest innovation, combining the most advanced DynaFlux® Magnetic Technology to increase field complexity through opposing polarities and introducing a degree of dynamic field variability by allowing each magnet a precisely controlled degree of movement as you take each step.

When in motion, DynaFlux® produces an active, or dynamic magnetic field, with 100% coverage and greater depth.

To feel the benefits of the mStrides simply cut them carefully to size, slip them in your shoes, and you're ready to go.



Technology: DynaFlux® magnetic, Far-Infrared and Negative Ion Technologies

Sizes available: Can be cut to fit

3050 Women's
(UK 2.5 to 7 / EU 35 to 40)

3051 Men's
(UK 6.5 to 11.5 / EU 40 to 46.5)



Kenko® mSteps

With DynaFlux® Technology

- 900 gauss DynaFlux® Magnetic Technology
- Nikken massage effect
- Negative Ion and Far-Infrared Technology

These unique insoles feature energizing massage nodes, extraordinary comfort and Nikken Magnetic DynaFlux® Technology - that acts like a magnetic field generator inside shoes. As you walk, internal DynaFlux® components change position to create a dynamic field of energy and the multiple angles afford 100% magnetic coverage.

mSteps surface produces the refreshing sensation of a foot massage. Comfortable and strong, mSteps are flexible and long-wearing.



Technology: DynaFlux® Magnetic, Far-Infrared and Negative Ion Technologies

Sizes available: Can be cut to fit.

3053 Small
(Women's sizes UK 2.5 to 7 / EU 35 to 40)

3054 Large
(Men's sizes UK 6.5 to 11.5 / EU 40 to 46)



PowerChip®

Versatile, portable, magnetic energy

- Unique DynaFlux® Magnetic Technology provides 100% coverage
- Incorporating Far-Infrared Technology and Negative Ion Technology
- Compact size, fits in pocket or purse
- Durable, long-lasting construction with a polymer shell that resists corrosion

Featuring Nikken's most advanced DynaFlux® Magnetic Technology, the PowerChip® utilises the complexity of magnetic fields in tension which additionally increases depth of field for greater penetration. The PowerChip® can be worn as a pendant by using the ring provided in the design or used in conjunction with our support wraps for more focused energy.



Technology: DynaFlux® Magnetic, Far-Infrared and Negative Ion Technology

Dimensions: Diameter 4cm



1510

Pack of three (black)

1511

Single (black)



PowerMini

Instant magnetic energy on the go

- Exclusive 750 gauss DynaFlux® Magnetic Technology
- Convenient carry case holds a full supply of 12 PowerMini magnetic units and adhesive discs
- Both the magnetic assemblies and adhesive discs are water resistant

The PowerMini is the smallest of Nikken's Magnetic Technologies. You can apply the magnetic devices almost anywhere on your skin. Using the patches stored in the unique carry case, all you need to do is adhere the device to the area to experience advanced DynaFlux® even in the smallest and least convenient areas.

As well as being small enough to carry around in your bag, the PowerMini patch is waterproof and the magnetic assemblies are re-usable.

Technology: DynaFlux® Magnetic Technology

Contains: 12 magnets and 24 adhesive discs

3025 PowerMini



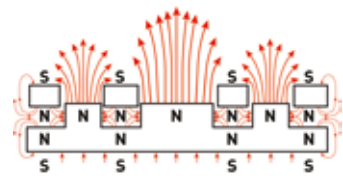
Kenko MagDuo®

Convenient Magnetic Technology to ease tension

- Exclusive DynaFlux® Magnetic Technology for deeper penetration of flux lines
- Massage nodules provide a relaxing, stimulating massage
- Incorporates Negative Ion and Far-Infrared Technologies
- Compact and lightweight, it can be applied to any part of your body

Easy-to-use

The Kenko MagDuo® is made up of two rotating spheres featuring unique DynaFlux® massage-nodules housed in a protective carry case. Nikken has found that the more complex the field, the more powerful it is, and the MagDuo® is probably the most powerful and fastest-acting of Nikken's magnetic devices to help relax muscular tensions and stress. The spheres can also be removed from the case and used individually or together.



Technology: DynaFlux® Magnetic, Far-Infrared and Negative Ion Technologies

Weight: 106g

Magnet Strength: 800–1000 Gauss per magnet



3020

Kenko MagDuo®



MagCreator®

Create even greater levels of relaxation

- Specially designed magnetic head that rolls fluidly down the spine helping soothe tired, tense muscles
- The surface nodules add an extra level of massaging stimulation
- Premium bearings ensure a smooth focused experience

Combines massage and magnetic field

The relaxing magnetic back massage that you get from using our popular MagCreator® is like nothing you will have experienced before. Try it for yourself!

It's so easy to use, either on yourself or even better on others. The stimulating effect of the light rolling action as the carefully engineered components gently sweep down your spine will leave you feeling fresh and invigorated.

The special Nikken 'Roll-Out' procedure can give you an insight into the relaxation available through sleeping each night using the Nikken Sleep System – ask your Consultant to show you!

Technology: Field Gradient Magnetic Technology

Weight: 290g

Magnet Strength: 800 Gauss



1330

MagCreator®

KenkoTouch®

Advanced magnetic massage


- Moving nodules that produce a firm, slightly yielding sensation
- Easy to use with three speed settings and automatic shut off
- 1600 Gauss patented DynaFlux® Magnetic Technology

Massage is an effective way to help ease muscle discomforts. A deep tissue massage can help ease discomfort and produce positive results, even for those who enjoy excellent health. KenkoTouch is a unique tool with DynaFlux® Magnetic Technology that gives you a heightened magnetic massage experience.

Technology: DynaFlux® Magnetic, Far-Infrared and Negative Ion Technologies

2316

KenkoTouch®



TRIPHASE



KenkoTherm® DUK Tape

Dynamic underlayer kinetic tape

- Targeted support where you need it
- Far-Infrared for gentle warming and Negative Ion Technology

DUK Tape is a kinetic tape used to help stressed muscles and joints and promotes greater freedom of movement.

Wear DUK Tape when exercising or under clothing - the stretchable, thin profile and flexible cotton composition afford all-day comfort.


Technology: Far-Infrared and Negative-Ion Technology

4065

DUK Tape single

88065

DUK Tape 7-Pack (Buy 6 receive one Free)



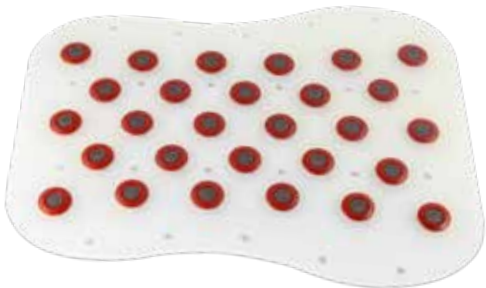


Kenko MagFlex®

Advanced DynaFlux® Magnetic Technology for your back

- Made of a durable yet highly flexible material
- TriPhase Technology
- Perforated for ventilation making it comfortable to wear all day

Our most advanced natural technologies in a format specially designed for use on larger areas of the body, such as your back. Whether sitting or standing, the MagFlex® is lightweight, slim and flexible and fits perfectly to the shape of your lower back helping to ease discomfort. The DynaFlux® Magnets provide a consistent, dynamic field over the entire surface of the MagFlex® for a deeper, more beneficial effect. The design is also perforated for ventilation, keeping you comfortable all day long and grooved on the back to hold it in a waistband.



Technology: DynaFlux® Magnetic, Far-Infrared and Negative Ion Technologies



Dimensions:
18.86cm x 14.45cm

3010 MagFlex®

KenkoTherm® Back Belt

Warmth and support for your back

- Designed to conform to the shape of your back
- Provides the correct combination of support and flexibility
- Hand washable
- Highly adjustable large Velcro panel

The KenkoTherm® Back Belt provides a contoured fit, ensuring you receive the gentle warmth and natural feeling of the incorporated technologies wherever you need them most. With secure, adjustable closures, it provides just the right level of support and flexibility for your back.

Used alone or in conjunction with the Kenko MagFlex®.



Technology:
Far-Infrared and Negative Ion Technologies



Available in sizes:

1822 Medium – W 17cm, L 94cm

1832 Large – W 17cm, L 105cm

1842 X-Large – W 17cm, L 113cm

KenkoTherm® Support Wraps

Technology: Far-Infrared and Negative-Ion Technology

Sizes available:

Ankle Wrap

1821 Medium – W 9cm, L 23cm

1831 Large – W 10cm, L 23cm

1841 X-Large – W 11cm, L 23cm

Wrist Wrap

1825 Medium – W 7cm, L 11cm

1835 Large – W 9cm, L 11cm

1845 X-Large – W 9.5cm, L 13cm

Elbow Wrap

1823 Medium – W 8.5cm, L 23cm

1833 Large – W 10cm, L 23cm

1843 X-Large – W 12.5cm, L 23cm

Knee Wrap

1824 Medium – W 13cm, L 24cm

1834 Large – W 16cm, L 24cm

1844 X-Large – W 18cm, L 27cm



KenkoTherm® Support Wraps

Warmth and support where you need it most

- A range of support wraps designed for specific areas and joints
- Provides the correct combination of support and flexibility
- Machine washable

KenkoTherm® wraps provide a contoured fit, ensuring you receive the gentle warmth and natural feeling of the incorporated technologies wherever you need them most. Designed for the back, joints and limbs, the KenkoTherm® Wraps assist in balancing the body, especially in supporting sports and athletic applications, and in easing complaining joints from injuries, other problems or maturing years.

To feel the benefits of our Magnetic Technologies add PowerChips (p25) or PowerMinis (p25) under the wrap to either side of the limb or use a Kenko MagFlex® with our KenkoTherm® Back Belt (p28).

“”

Nikken's products are designed to be convenient, fitting in easily to normal daily lives.

KenkoSeat® II

Experience powerful magnetic energy whilst sitting down

- Unique DynaFlux® Magnetic Technology
- High density massage nodules for superior support and comfort

Ideal for the office or at home, the KenkoSeat® II is an instant way for you to benefit from Nikken's Magnetic Technologies. Following similar design principles to the Naturest® Kenkopad®, the KenkoSeat® has been covered using a soft, durable and breathable polyester, and features naturally anti-bacterial latex.

The KenkoSeat® features our unique DynaFlux® Magnetics Technology. There are also high density nodules built-in to the design to provide a massage-like effect – the same technology found in our Sleep System.



Technology: DynaFlux® Magnetics, Far-Infrared and Negative Ion Technology

Dimensions: H 105cm, W 47cm

Magnet Strength: 800 – 1000 Gauss



- 3041

KenkoSeat® II
- 3042

KenkoSeat® II Replacement Cover

ThermoWear Socks

Far-Infrared to treat your feet

- Designs for everyday, general sports and golf
- Includes Nikken's Far-Infrared Technology
- Durable and breathable
- Machine washable

ThermoWear Golf Socks

Keep your feet breathing freely while out on the course. Our specially designed ThermoWear Golf Socks combine a high-quality cotton blend with temperature balancing anti-fungal far-infrared fibres to provide comfort and durability and integrated copper fibres to help prevent static cling.



Technology: Far-Infrared Technology



Sizes available:

- 1761

One size

ThermoWear Sports Socks

Designed to keep your feet comfortable whilst you keep playing your favourite sports. With a fully cushioned foot bed and built in arch support, these are ideal socks for comfort. A specially constructed heel features a Y-shaped configuration to minimise slippage.



Technology: Far-Infrared Technology



Sizes available:

- 1767

Unisex medium
(size 4-8 UK/ 37-42 EU)
- 1768

Unisex large
(size 9-13 UK/ 43-48 EU)

Wellness Home Pack - Energy



The Energy Wellness Home Pack is essential to an Active Wellness lifestyle. It is designed to support your maximum mobility and overall physical well-being.

Save 10%

Each Energy Wellness Home Pack contains:

4065 KenkoTherm® DUK Tape (blue)

1511 PowerChip® (black)

3010 Kenko MagFlex®

3020 Kenko MagDuo®

3051 Kenko® mStrides (large - UK 6.5 - 11.5)

3050 Kenko® mStrides (small - UK 2.5 - 7)

3025 Kenko PowerMini

2316 KenkoTouch®

5217 Kenko PowerBand® (black necklace 50cm)

5215 Kenko PowerBand® (black bracelet 19cm)

5216 Kenko PowerBand® (black bracelet 22cm)

1834 KenkoTherm® Knee Wrap (large)

1844 KenkoTherm® Knee Wrap (x-large)

88325

Energy Wellness Home Pack



* All Wellness Home Packs are priced at 10% discount to items at regular price.



Nikken Jewellery



Carry the power of Nikken's powerful energy technologies throughout the day with unique energising jewellery as part of your daily life!





Nikken PowerBand® Necklace and Bracelet

A unisex design suitable for both smart and active/sporting use. The Powerbands have an energising silicone core in a breathable nylon sleeve for comfort.

The unique clasp on the Nikken PowerBand® design allows you to connect multiple bands together to increase the length of your necklace or wristband.

Technology: Far-Infrared, Negative Ion, and Field Gradient Magnetic Technologies



Sizes available:

5217 Nikken PowerBand® Necklace 50cm

5215 Nikken PowerBand® Bracelet 19cm

5216 Nikken PowerBand® Bracelet 22cm

Nikken Watch

A dark black, soft silicon strap and contrasting rose-gold plated dial make this a timepiece for both day and night. Not only does it keep time perfectly, there is also a date counter set into the face.



Technology: Far-Infrared, Negative Ion and Field Gradient Magnetic Technologies



19366 Men's Nikken Watch (Face 30mm)

19365 Women's Nikken Watch (Face 40mm)

Synergy Bracelet

The definition of synergy: The interaction or cooperation of two or more components to produce a combined effect greater than the sum of their individual effects. This meaning reflects not only the experience of wearing these bracelets – that it works in harmony with you – but also reminds us of the Nikken family as a whole.



Technology: Far-Infrared, Negative Ion, and Field Gradient Magnetic Technologies



19380 Synergy Bracelet (Multi) 21cm

19382 Synergy Bracelet (Aqua) 21cm



Kenko Perfect Link® II Necklace

Kenko Perfect Link® II continues the Nikken tradition of blending style and advanced magnetic technology, in a striking design ideal for both men and women. Hypoallergenic, stainless steel.

Technology: Field Gradient Magnetic Technology

Dimensions:
45.7 cm

19114

Stainless Steel



Magnetic Necklace

Our unisex necklace is available in a gold-plated stainless steel design.

The perfect accompaniment for use with the Nikken Pendants, this necklace comes packaged in a smart presentation box, making great gifts for any occasion.

Technology: Field Gradient Magnetic Technology

Dimensions:
47cm (extension chain 5cm)

19082

Gold plated



Kenko® Heart Pendant

This heart shaped pendant is made with surgical grade stainless steel and is double sided - with gold coloured plate on one side and silver stainless steel on the other.



Technology: Field Gradient Magnetic Technology

19150

Kenko® Heart Reversible Pendant



Kirei® Pendants

Elegantly designed stainless steel and gold-plated stainless steel pendants inscribed with Japanese Kanji symbols which read 'Nihon Kenko' ('Japanese health'), reminding us of Nikken's origins in Japan.



Technology: Far-Infrared, Negative Ion and Field Gradient Magnetic Technologies

19084

Gold plated

19083

Stainless steel



Five Pillars Magnetic Jewellery - Inscribed with Nikken's core Five Pillars philosophy in Japanese Kanji characters - Mind, Body, Family, Society and Finances

Five Pillars Necklace

A woven leather necklace with five engraved stainless steel charms.

Technology: Far-Infrared, Negative Ion and Field Gradient Magnetic Technologies



19100 Five Pillars Necklace 50cm



Kalkei Watch

The hematite beads each contain a 600 Gauss strength magnet and the crystal-studded beads of Amerial clay are infused with Magnetic technology.

Technology: Far-Infrared, Negative Ion and Field Gradient Magnetic Technologies



19310 Kalkei Watch 19-28cm



Important product information

Nikken products are not medical devices and may not be recommended to treat specific medical conditions. No medical claims should be made by our Independent Nikken Consultants or any employee and they cannot offer any advice that could be misconstrued as a medical diagnosis. People who are in their first three months of pregnancy, or who have a pacemaker, health problem or electronic device (either implanted or external) should consult their doctor or the manufacturer of the device before using magnetic products. Do not place Nikken's magnetic products in direct contact with or close to magnetically sensitive items such as: watches, computer discs, credit cards and portable electronic equipment.

Statutory Warning

1. It is illegal for a promoter or participant in a trading scheme to persuade anyone to make a payment by promising benefits from getting others to join a scheme. 2. Do not be misled by claims that high earnings are easily achieved.

Images are for illustrative purposes only. Product packaging and labelling are always compliant with European and national laws and therefore may vary according to country. All images and dimensions are not intended to form part of any contract or warranty. Please ask your Independent Nikken Consultant for further product details.

Keep up to date with Nikken...

There's always something new and exciting happening at Nikken! Make sure you hear about it first - join us at:

Website: www.nikken.com/eu/

Blog: <https://nikkeneurope.wordpress.com>

Facebook: www.facebook.com/NikkenEU

Instagram: www.instagram.com/nikken_europe_official/

Twitter: www.twitter.com/NikkenEurope



When you're ready to order...

Ordering couldn't be simpler; give your Independent Nikken Consultant a call and they'll take care of all the details for you.

Your Independent Nikken Consultant's details are:



www.nikken.com/eu/

Nikken UK Limited,
Gloucester House, 399 Silbury Boulevard,
Milton Keynes, MK9 2AH, United Kingdom
© 2019 Nikken UK Limited

Direct-Selling Association (DSA)

Nikken is a full member of accredited major national Direct Selling Associations in Europe. The role of these organisations is to promote Direct Selling and to ensure their members uphold the highest standards of good practice.



26124

UK 11/2019

